

## Towel Embellishment



Add a colorful fabric band accent to a towel for a one-of-a-kind gift or to coordinate with your household color scheme.



### Shopping List:

- Plain towel
- Small fabric scraps
- Pins
- Scissors
- Thread

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## Measuring Fabric:

1. Measure the width of the towel from edge to edge. Add one inch to this measurement.
2. Decide how high the band should be for the towel (two to three inches is usually a good height). Add one inch to this measurement.

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## What to Cut:

3. Cut a piece of fabric the width and height from the measurements taken in steps 1 and 2.

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## How to Assemble:

4. Fold under  $\frac{1}{2}$ " on each raw edge of fabric to the wrong side. Press.
5. Position fabric band onto towel, pinning in place to secure.
6. Insert the appropriate needle for the fabric to be sewn.
7. Set your machine for a straight stitch.
8. Thread the top of the machine and bobbin with all-purpose thread in a color that matches or blends as closely as possible to the color of the fabric band.

*HINT: If trying to choose between two colors, opt for the darker color which will usually blend in better than a lighter color.*

9. Carefully stitch close to folded edge on all four sides of the fabric band. Be sure to remove pins as you sew. The presser foot will help you guide the fabric evenly while stitching.

*NOTE: The more slowly you sew the more control you have guiding the fabric while stitching.*

10. Backstitch at the beginning and end of the stitching to help secure the thread in place.

*NOTE: What is backstitching? Backstitching secures the machine stitching so the threads do not become loose and pull out. It is done by reversing a few stitches on top of or just next to those machine stitches at the beginning or end of a line of machine sewing. How to backstitch: Position needle about  $\frac{1}{2}$ " from top edge of fabric. Stitch in reverse almost to the raw edge. Change to forward and stitch to the end of the fabric. Reverse and backstitch about  $\frac{1}{2}$ ".*

11. Remove the towel from the machine. Trim the thread tails.