

## SINGER® Dresden Heart Appliqué Quilt



The perfect type of quilt to practice your quilting skills: machine quilting, appliqué and piecing – the quilting possibilities are endless! This Project Tip Sheet will help get you started on a fun quilting journey.

### Shopping List:

- ☐ Cotton fabric
- ☐ Fusible interfacing
- ☐ Batting
- ☐ Thread
- ☐ Fabric marking tool
- ☐ Cutting tools
- ☐ Pins
- ☐ Needle

## Fabric:

3 ½ yard main fabric

1/3 yard flag fabric

1 ¾ yard batting

6 fat quarters: 5 for Dresden blades, 1 for center circles

½ yard fusible interfacing

## What to Cut:

1. Cut 61-inch x 41-inch piece of main fabric, lining and batting.
2. Cut 4 Dresden blade pieces from each of the 5 plate colors.
3. Cut one 8 ½-inch diameter circle.
4. Cut heart and flag 20-inch x 12-inch from flag fabric.

## How to Assemble:

5. Layer main quilt fabric pieces, right sides together and batting. Pin along edges.
6. Set your machine for a straight stitch.
7. Insert the appropriate needle for the fabric to be sewn.
8. Thread the top of the machine and bobbin with all-purpose thread in a color that matches color of the fabric.
9. Sew layers together with 1/2–inch seams, leaving an opening of 6-inch on one side.
10. Trim corners at angle close to seam.
11. Turn quilt right side out through opening.
12. Press edges to achieve a crisp edge.
13. Hand sew opening closed.
14. Thread top of machine and bobbin with cotton thread in color that contrasts fabric.
15. Attach even-feed foot/walking foot as directed.

*NOTE: The even feed foot has its own set of feed dogs that work in conjunction with the machine's feeding system to improve the flow of the fabric. This is particularly important when sewing several layers of fabric, such as in quilting. The even feed foot "pulls" the top layer or layers of fabric through at the same speed as the machine's feed dogs are pulling the bottom layer or layers of fabric. This is also valuable in matching plaids or stripes, and in sewing pile types of fabrics such as velour and ultra-suede.*

16. Sew 1/2 –inch from edge along each side of quilt.
17. Mark desired design on quilt with fabric marking tool.
18. Carefully stitch following marked lines.

*NOTE: The more slowly you sew the more control you have guiding the fabric while stitching.*

19. Trim the thread tails.
20. Attach all-purpose presser foot.

21. Thread the top of the machine and bobbin with all-purpose thread in a color that matches one of the Dresden plate fabric colors.
22. Matching right sides of Dresden blades stitch 1/4-inch seams to join, alternate fabrics and repeat until plate is complete.
23. Press seams to one side.
24. Place Dresden plate right side facing fusible side of interfacing, pin.
25. Trim interfacing to fit Dresden plate.
26. Sew around Dresden pedals with 1/4-inch seams.

*NOTE: Drop needle and pivot at the valley point and slowly curve on the pedals.*

27. Trim excess fabric being careful not to clip seam line.
  28. Turn Dresden plate right side out through hole in center of plate.
  29. In same manner, sew heart to interfacing, cut small hole in interfacing to turn heart right side out.
  30. Press flag in half length-wise. Open flag, cut 7-inches along pressed line.
  31. Create flag points by folding bottom center corners of slit up and to the back. Press.
  32. Press flag sides and top in 1/4 inch.
  33. Thread the top of the machine and bobbin with all-purpose thread in a color that matches flag color.
  34. Lay flag on quilt. Pin in place and sew 1/8-inch from edge around all sides. At corners, drop needle to down position, lift presser foot and pivot to new direction. Lower presser foot and continue sewing.
  35. Pin circle to center of Dresden plate. Pin in place.
  36. Attach satin stitch foot.
  37. Thread the top of the machine and bobbin with all-purpose thread in a color that contrasts circle color.
  38. Set to machine to a zigzag stitch.
  39. Slightly loosen the top thread tension and manually adjust the stitch length between 0.5 and 2.0 for satin stitching.
- NOTE: A Satin stitch is a closely spaced stitch for appliqué, bar-tacking, etc.*
40. Using arrow point on satin stitch foot follow circle edge to join circle and Dresden plate.
  41. Press Dresden plate to flag. Press heart to center of circle.
  42. Hand sew Dresden plate and heart in place.
  43. Trim treads.

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