smocking
A gathering technique with decorative stitching sewn on top.

1. For a 2-step smocking technique, follow the instructions for gathering on page 100 and sew three rows of stitches. Pull the fabric between the edges to even out the gathers. (#1)

2. Place a piece of water-soluble stabilizer over the gathered rows. Thread your machine with an embroidery thread in the needle. Select an all-forward or open decorative stitch and center the open toe foot over each row of gathers and stitch. Carefully remove the water-soluble stabilizer. (#2)

3. For a 1-step smocking technique, attach the gathering foot and select an all-forward or open decorative stitch. Thread your machine with an embroidery thread. Adjust the length to 2.5-3.5mm and the tension to 5.0-9.0 as desired. The fabric will gather up under the foot and the decorative stitch will show on top. (#3)

4. Test sew different decorative stitches to select the best stitches to use. Some stitches will show up better than others. (#4)