

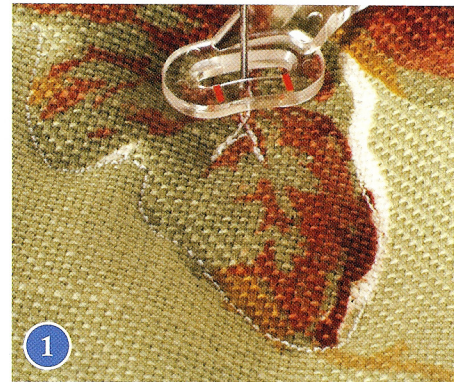
quilting — outline

A free-hand quilting technique where you stitch around a shape following its outline.

1. Layer your top over the batting and the backing. Baste or pin-baste the layers together. Lower the feed dogs and pull the bobbin thread to the top. Lockstitch the threads and trim the tails.



2. Following the pattern outline, stitch around the design with an even, consistent speed and hand movement keeping your stitches even. Add vein or center detail to the designs by using your presser foot lifter and moving to the next position. (#1)



**Free-motion
Quilting Foot**

Stitch: Straight

Width: Pre-set

Length: 2.5 mm

Feed Dogs: Lowered

Tension: Pre-set

Fabric, needles, notions required:

Cotton solids and prints; batting; quilting needle, size 75/11 or 90/14; machine quilting or all-purpose sewing thread for the needle and bobbin

FOOT FACTS

Any free-hand technique can also be sewn without using any presser foot. Some people prefer using a “spring” needle which has a small spring coiled around the needle to keep the fabric from flapping when sewing without a foot. Test sew with or without a foot to see which way you are most comfortable.

TIP

Remember with outline quilting, the more stitching you do to fill in a design, the flatter the quilting effect will be. Less stitching will produce a puffer design, with more stitching the design will be condensed.