

quilting — echo

A quilting technique where the stitching “echoes” the shape of the pattern on the fabric, the appliqué, or pieced design.

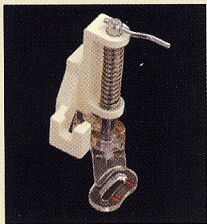
1. The echo quilting technique can be sewn free-hand or using the walking foot for straight lines. Prepare your quilt by layering the top over the batting and backing. Baste or pin-baste the layers together.

For free-motion quilting, lower the feed dogs and bring the bobbin thread to the top. Lockstitch to begin. Sew around the design following the shape of the design. Maintain a constant speed and movement of the layered fabric and batting. (#1)



FOOT FACTS

The walking foot can be used for the echo quilting technique on straight-line or slightly curved designs. You will need to pivot more often using this foot when sewing curves.



**Free-motion
Quilting Foot**

Stitch: *Straight*

Width: *Pre-set*

Length: *2.5mm*

Feed Dogs: *Lowered*

Tension: *Pre-set or slightly loosened*

Fabric, needles, notions required:

Cotton solids and prints; batting; quilting needle, size 75/11 or 90/14; machine quilting or all-purpose sewing thread for the needle and bobbin