

hems — knits

A hemming technique used to provide additional stretch for knit fabrics.

1. Press up your hem and pin. Select the overcasting stitch of choice. With the hem facing up, place the standard foot on the hem and sew. Carefully trim the seam allowance up to the line of stitching.



2. For extra stretchy fabrics, snap-on the overcast foot. Turn up the hem and position the longer toe of the foot against the hem. Place a strong topstitching thread next to the hem edge to keep the hem from rippling. Stitch encasing the thread in the stitch. (#1 & #2)



Standard Foot

or



Overcast Foot

Stitch: Overcasting Stitches

Width: Pre-set

Length: Pre-set

Tension: Pre-set

Fabric, needles, notions required:

Knit fabrics; universal or ballpoint needle, size 80/12; all-purpose sewing thread for needle and bobbin

TIP

You can also adjust the presser foot pressure on your machine to help knit fabric feed better. Turn the screw on the top of the machine clockwise to tighten or counterclockwise to loosen the pressure of the foot on the fabric. A slightly looser pressure may help your knit fabric from stretching as you sew. On some machines, the presser foot pressure is a function found on the LCD screen. Refer to the instruction manual that came with your machine to find information for adjusting the presser foot pressure.