chain stitch

A couched thread technique whereby a chain-stitch type design is created by twisting threads.

1. Test sew a sample before sewing the final chain stitch on your project. Select a straight stitch or the basting stitch on your machine. Adjust the stitch length as desired. Draw a line with the marking pen. Cut a length of pearl cotton or decorative thread two times the length to be sewn.

   Attach the open toe foot and lock-stitch the thread. Raise the presser foot and loop the pearl cotton or decorative thread around the needle leaving the thread tails in front of the needle. (#1)

2. Lower the presser foot and take one stitch in reverse and one stitch forward to hold the loop in place. Criss-cross the threads in front of the needle and leave the tails to the sides. (#2)

3. Take one stitch to hold the chain. Count stitches between loops to make the chain links as long as desired. For consistency, make the loops the same size. Or mix it up and make the loops different sizes. (#3)

**TIP**

Use monofilament thread to make the chain stitch appear as it is floating on top of the fabric. Heavier yarns or trims can be applied in this manner. Add a chain stitch detail to a garment or craft.

**Open Toe Foot**

- **Stitch:** Straight or Basting Stitch
- **Width:** 0
- **Length:** 1.0 - 5.0 mm
- **Tension:** Pre-set

**Fabric, needles, notions required:**

Fabric of choice; universal needle, size 80/12 or 90/14; monofilament or coordinating all-purpose polyester thread for needle and bobbinfil for bobbin; pearl cotton or decorative threads of choice; marking pen or pencil