

JANOME

Fashion & Finishing

My Jump Start Fashion Sampler

An easy "Make-It-Yourself" project designed for stress-free learning and exploring.

These are general instructions for designing your own project that will allow you to experience trying out your new kit of accessories. You could make something very different with the same goals in mind. Take this no-rules approach to challenge and surprise yourself.

DELICATE HEM



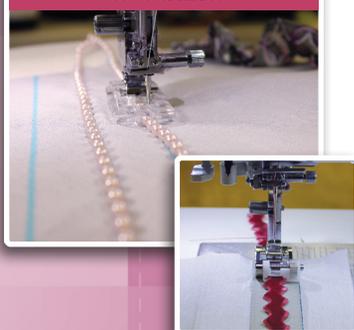
GATHERING



CONCEALED ZIPPER



COUCHING



FINISHING DETAILS



- **STEP 1** Look for a fashion-oriented project that will allow the opportunity to try out different sewing accessories and simulate how they might eventually be used in garments. This free-form apron does not follow any particular pattern, but the attached trim, edge-stitched ties, concealed zipper pocket and assorted embellishments make for a great introduction to handy, fashion-focused techniques.

Prepare a strip of fabric to use for the gathered, softly ruffled trim and practice inserting a concealed zipper with a flat-finished pocket:

- **STEP 2** Prepare a fabric strip with a **DELICATE HEM** to finish the edge: Pre-folding the fabric edge assists in easing it into the curl of the *hemmer foot*, while drawing the thread tails away from the foot assists the first few stitches.
- **STEP 3 GATHERING** the fabric strip: a simple, soft ruffle will be created with the *gathering foot* remains crimped. Stitch trim to apron as desired. The key is to tighten the tension and keep a finger gently at the back of the foot, collecting the fabric so that the stitching does not relax and the gather remains crimped.
- **STEP 4** The key to cleanly inserting a **CONCEALED ZIPPER** is unrolling it a bit while sewing to keep the teeth in the channel of the *concealed zipper foot*. The bottom edge of the zipper insertion is carefully closed using a regular zipper foot close in around the zipper. Create a zippered pocket and use the *edge stitch foot* to attach the pocket to the apron front.

Embellishing with beads and ribbon:

- **STEP 5 COUCHING** beads, rhinestone strips and fibers is easily achieved with the *wide or narrow beading feet*. A wash out marker line helps to keep the beads on track. Invisible threads or those in a blending color will virtually disappear.
- **STEP 6** The *ribbon/sequin foot* has 4 different size guide paths, but these are NOT adjustable. Do not try to turn the screw, but DO try different styles of ribbon, ric rac or flat trim. This foot keeps ribbon flat and on track as you stitch it in place with a multitude of stitches and threads.
- **STEP 7** Neatly finish edges of the apron ties with the *edge stitching foot* to keep a crisp fold and hold inner turned seams flat. Learning these and other **FINISHING DETAILS** will allow you to personalize your wardrobe.



JANOME MiY make it yourself



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ACCESSORY KITS AVAILABLE FROM JANOME

- Fashion and Finishing
- Crafting and Home Décor
- Quilting Kit

MiY Foot Notes

A collection of jump start ideas and tips to use with your accessory kit.

■ Beading Feet, Narrow & Wide: L1 & L2

- Cords of different sizes can be couched with the beading feet, use matching, or contrasting or invisible threads
- Passementerie: simple, but elegant, trim on open areas of a garment-bodice, cuffs, pockets, plackets use gimp, soutache braid or pearl cotton
- Padded or raised satin stitch; the stitch width is adjusted to cover cord
- Create elastic casing by couching elastic cord instead of sewing a separate casing
- After sewing, gently roll the beads to allow stitches to fall into place and practically disappear

■ Concealed Zipper Foot Z

- Unlike with common zipper insertion, the seam is stitched after inserting the concealed zipper
- A light press before sewing can help to keep the zip coil open and in the groove of the foot

■ Edge Stitch Foot SE

- The shortened length of the guide allows for maximum maneuverability around curved edges
- Can be used for single pin tucks, stitch in the ditch, attaching patch pockets or lace joining
- Use for under stitching to keep facing from turning to the right side of the garment
- Try top stitching with a heavier thread in the top (and bobbin if visible); also try twin needle edge stitching

■ Gathering Foot V

- A longer stitch length or tighter tension gives more gathering; a twin needle can give a less curled finish to the stitched edge of the fabric. Lighter weight fabrics gather more easily
- Elastic shirring can be achieved with a twin needle and fine shirring elastic in the bobbin
- Smock a lightweight fabric with gathering and an heirloom or honeycomb stitch
- Gather for a curled effect on ribbons or strips of fabric to use for embellishing a pillow or garment

■ Hemmer Feet, 6mm & 4mm; D1 & D2

- Straight stitches are just the beginning: get creative and use decorative stitches or create a scalloped hem finish with overcast (shell tuck) stitches
- A hemmer foot can be used as a guide to couch cords or yarns with a zig zag or satin stitch
- Tricks for helping to start the hem include adding a few stitches with long tails or using a small piece of fabric or stabilizer as helpers at the starting edge of the fabric

■ Ribbon Sequin Foot RS

- Feed narrow and wide ribbons through the foot for a layered effect; couch fibers on top of stitched ribbon in one step
- Use zig zag or ladder type stitch and create casing for ribbon/drawstring

