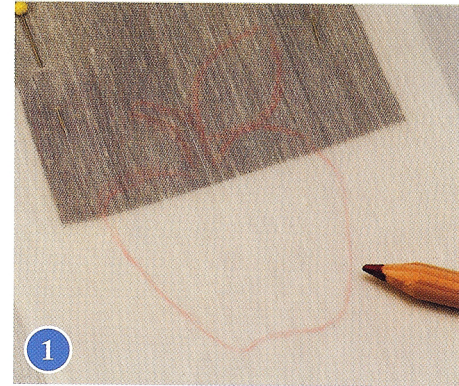


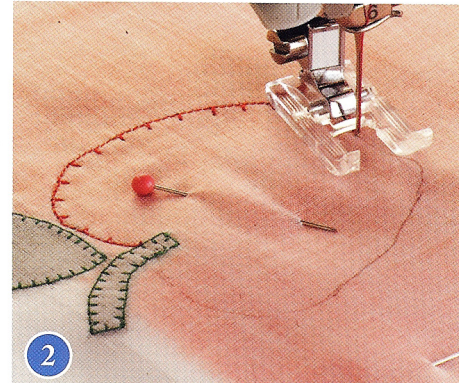
# shadow appliqué

An heirloom technique where a darker fabric is sewn to the wrong side of the background fabric to “shadow” through.

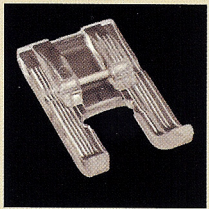
1. Trace your design on the right side of the background fabric. Pin the appliqué fabric behind the traced design leaving an edge of fabric around the design. (#1)



2. Insert the wing needle and select the blanket stitch. Center the open toe foot over the traced design. Carefully sew following the traced design. (#2)



3. Carefully trim the excess appliqué fabric away from behind along the stitching line. (#3)



Open Toe Foot

**Stitch:** Blanket Stitch

**Width:** 1.5 - 2.0mm

**Length:** 1.4 - 3.0mm

**Tension:** 3.8

**Fabric, needles, notions required:**

Cotton organdy or batiste; universal or embroidery needle, size 80/12 or 75/11; fine heirloom, rayon, or cotton embroidery thread for needle and bobbinfil on bobbin; spray starch; water-soluble marking pen; appliqué scissors

**TIP**

Always select a sheer fabric for the shadow appliqué technique. The appliqué fabric can contrast or be the same color as the background fabric. Cotton organdy is particularly good for this technique.