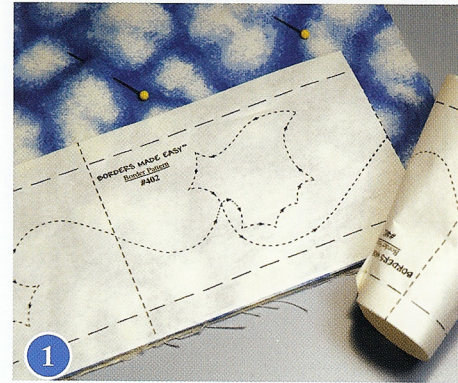


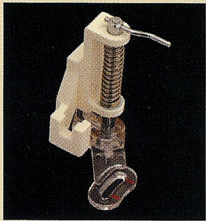
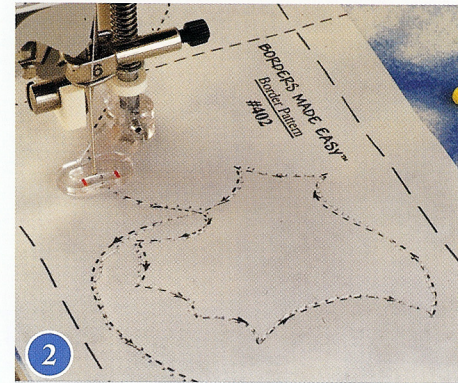
# quilting — free-motion

*Stitch through the top, batting and backing creating an overall design by moving the layers yourself under the feed dogs.*

1. Trace the quilting pattern or use the method of transfer you desire to mark the quilting design on the top layer of your quilt. Layer the top over the batting and the backing. Baste or pin-baste the layers together to hold while stitching. (#1)



2. Bring the bobbin thread to the top and lockstitch; trim the thread tails. Keeping a consistent speed and even hand movement, follow the marked design with the free-motion quilting foot. Try to keep your stitches an even length as you move around the design. (Practice on a scrap of fabric to get the motion before sewing on your quilt.) (#2)



**Free-motion  
Quilting Foot**

**Stitch:** Straight

**Width:** Pre-set

**Length:** 2.5mm

**Feed Dogs:** Lowered

**Tension:** Pre-set

**Fabric, needles, notions required:**

Cotton solids and prints; batting; quilting needle, size 75/11 or 90/14; machine quilting or all-purpose sewing thread for the needle and bobbin

**TIP**

Another method of quilting a design on your fabric with your sewing machine is to use a built-in hand-look quilting stitch. If your machine has this stitch, it is sewn with the feed dogs raised. Just follow the design, using the standard or open toe presser foot, with monofilament thread in the needle and all-purpose sewing thread on the bobbin. The resulting stitch looks like it has been sewn by hand.