

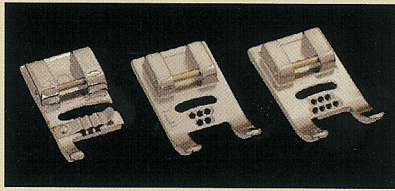
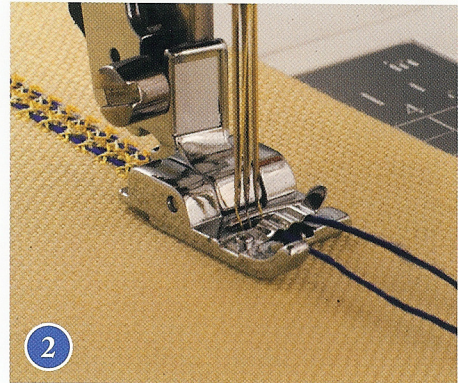
# couched threads

Attaching threads to the top of fabric using decorative stitches and a 3-, 5- or 7-hole cording foot.

1. Select a combination of threads to couch. Thread your needle with the rayon or cotton embroidery thread. Thread the cording foot desired with the heavier decorative threads. It's fun to mix colors and types of thread when couching. Choose an all-forward, open decorative stitch for couching to keep the threads from bunching up while stitching. (#1)



2. For an interesting effect when couching threads, use a twin or triple needle threaded with coordinating or contrasting colored threads. The extra detailing adds dimension and depth to the couched threads. Layer the fabric over tear-away stabilizer for more stability if necessary before sewing. (#2)



## 3-, 5-, or 7-hole Cording Foot

**Stitch:** All-forward, open decorative stitches

**Width:** Pre-set or wider; use twin needle limiter for twin and triple needles

**Length:** Pre-set

**Tension:** Pre-set

### Fabric, needles, notions required:

Fabric of choice; universal or embroidery needle, size 80/12 or 75/11, or twin or triple needles; rayon or cotton embroidery thread for needle and bobbin; heavier decorative threads; tear-away stabilizer

## FOOT FACTS

The 3-hole cording foot threads differently than the 5- and 7-hole feet. With the 3-hole, the decorative threads slide under a bar and are held in place. More than 3 decorative threads can actually be held with this foot as long as they slide easily under the bar. With the 5- or 7-hole foot, the decorative threads need to be threaded through the holes on top of the foot. Use a hand needle threader to thread the decorative threads through the holes.