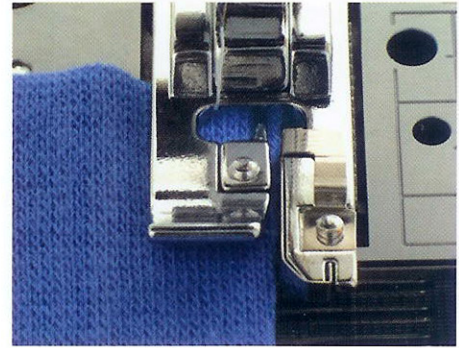


ALL ABOUT the overcasting foot

The overcasting foot is perfect for sewing knit fabrics using the many overcasting stitches on the sewing machine. The larger toe (1) is used to guide the fabric and the small pin (2) in the center keeps the fabric edge from curling while sewing.

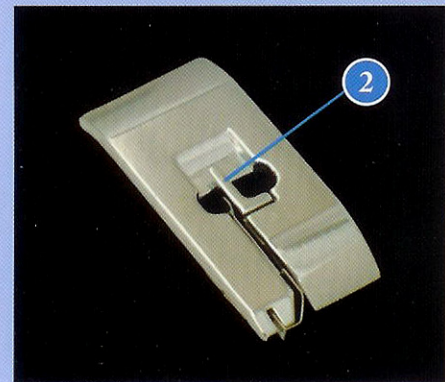
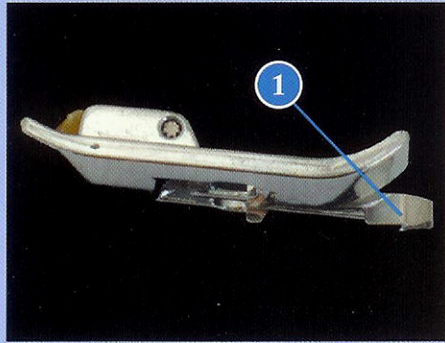
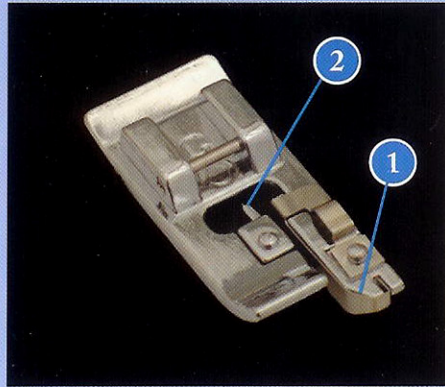
With right sides together, place the edges of the fabrics along the edge of the larger toe. The pin will hold the edges flat while sewing.

Select an overcast stitch to sew the seam and overcast the edge at the same time. Make sure the width of the stitch is great enough so the needle doesn't hit the pin as you sew.



TIP

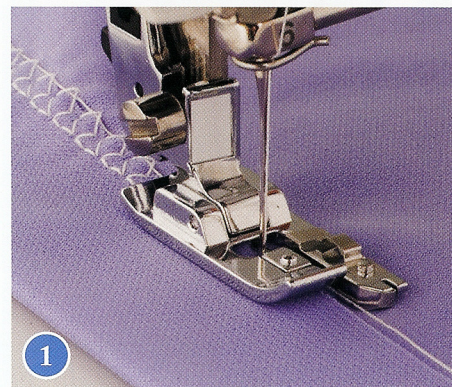
The overcast stitches found on the sewing machine attempt to duplicate the stitches found on a serger without trimming the fabric. These stitches sew the seam and overcast the edge at the same time. Select a stitch that is appropriate to the weight of the fabric you are sewing. Some stitches are sewn in a all-forward motion and others sew backward and forward. An all forward stitch would be appropriate for a lightweight knit whereas a back and forth stitch works best on a medium to heavy weight knit fabric.



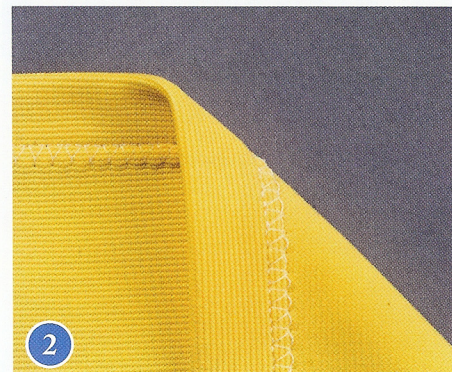
hems — knits

A hemming technique used to provide additional stretch for knit fabrics.

1. Press up your hem and pin. Select the overcasting stitch of choice. With the hem facing up, place the standard foot on the hem and sew. Carefully trim the seam allowance up to the line of stitching.



2. For extra stretchy fabrics, snap-on the overcast foot. Turn up the hem and position the longer toe of the foot against the hem. Place a strong topstitching thread next to the hem edge to keep the hem from rippling. Stitch encasing the thread in the stitch. (#1 & #2)



Standard Foot

or



Overcast Foot

Stitch: *Overcasting Stitches*

Width: *Pre-set*

Length: *Pre-set*

Tension: *Pre-set*

Fabric, needles, notions required:

Knit fabrics; universal or ballpoint needle, size 80/12; all-purpose sewing thread for needle and bobbin

TIP

You can also adjust the presser foot pressure on your machine to help knit fabric feed better. Turn the screw on the top of the machine clockwise to tighten or counterclockwise to loosen the pressure of the foot on the fabric. A slightly looser pressure may help your knit fabric from stretching as you sew. On some machines, the presser foot pressure is a function found on the LCD screen. Refer to the instruction manual that came with your machine to find information for adjusting the presser foot pressure.